



carhartt.

MEN'S SIZE AND FIT GUIDE

HOW TO MEASURE

For best results, measure over your undergarments.

CHEST:

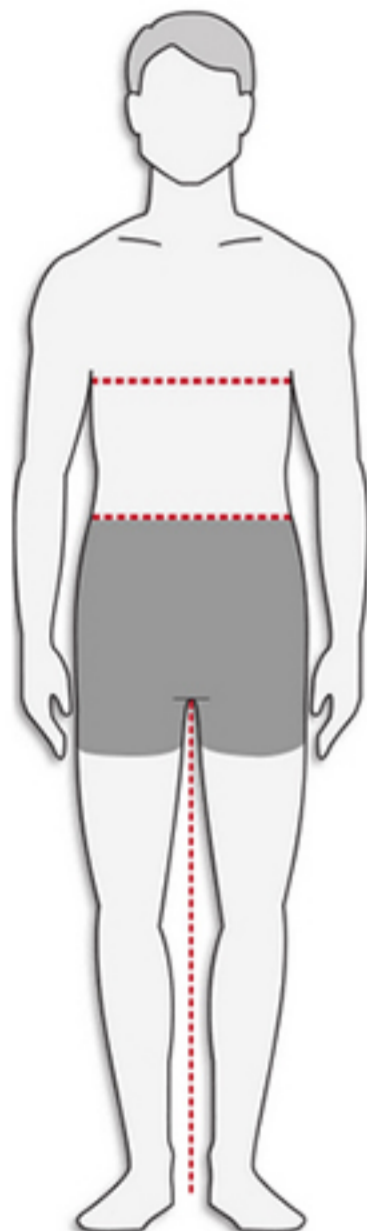
Measure just under arms and across shoulder blades holding the tape firm and level. If your chest falls between sizes, order the next size up.

WAIST:

Measure around your waistline, keeping the tape comfortably loose.

INSEAM:

Measure pants that fit you well. Lay them flat, with the front and back creased smooth. Measure along the inseam from crotch to bottom of leg hem. Or, if you don't have pants that fit comfortably, measure from your crotch to your desired pant length.



DIFFERENCES IN TALL AND SHORT SIZING:

OUTERWEAR, LONG-SLEEVE SHIRTS AND SWEATS IN TALL SIZES:

2" longer in the torso than Regular sizes.
2" longer in the sleeve than Regular sizes.

SHORT-SLEEVE SHIRTS IN TALL SIZES:

2" longer in the torso than Regular sizes.
½" longer in the sleeve than Regular sizes.

COVERALLS IN TALL SIZES:

1" longer in the torso than Regular sizes.
1" longer in the sleeve length than Regular sizes.

Tall sizes in the X06 measure 2" longer in both the torso and sleeve length.

COVERALLS IN SHORT SIZES:

1" shorter in the sleeve than Regular sizes.

SHIRTS, OUTERWEAR AND THERMAL TOPS

HOW TO MEASURE

	SMALL		MEDIUM		LARGE		X-LARGE		2X-LARGE		3X-LARGE		4X-LARGE	
	34	36	38	40	42	44	46	48	50	52	54	56	58	60
Chest	34	36	38	40	42	44	46	48	50	52	54	56	58	60
Waist	28	30	32	34	36	38	40½	43	45½	48	51	54	58	62
Hip [Seat]	34	36	38	40	42	44	46	48	50	52	54	56	58	60

NOTE: If your chest and/or waist measurement falls between sizes, buy the larger size.